

It's jet set and go for town's young cadets

by James Perkins

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WANNABE pilots in Thame can now experience what it's like to land a real jumbo jet thanks to a flight simulator.

The state-of-the-art device has been purchased by the town's air cadet group after a huge fundraising mission.

It includes a realistic cockpit, complete with full flying controls and all the dials, switches and instruments that are found in a real aeroplane.

The programme also allows cadets to fly RAF aircrafts and helicopters.

Cadet Abbey Bird was one of the first people to try the machine and said: "I can't believe how realistic our new simulator is compared to what I have already experienced.

"Luckily we have trained pilots on the staff and civilian committee who can help us get airborne, stay there and get back down again in one piece too."

The cadets raised money in 2010 and commanding officer Mike Kidley praised the Thame public for their support in all their events.

The cadets meet on Monday and Thursday nights – for more information call 07767 702277.



A cadet try out their state-of-the-art simulator. Picture: submitted

It's easy to get in touch by email - just send your information to thamegazette@jpress.co.uk If you want to phone, call the newsdesk on 01296 619775

Specialist gets to the point for Endometriosis Week

THAME'S popular acupuncturist Rhiannon Griffiths is lending her support to raise awareness of Endometriosis.

It is all part of a special week designed to raise the profile of the disease, which affects two million people in the country.

Endometriosis is a painful condition where cells like the ones in the lining of the womb are found elsewhere in the body.

Miss Griffiths said: "As a regulating and harmonising treatment, acupuncture can be effective in helping

Endometriosis and many female issues, due to their naturally cyclical nature.

"Acupuncture can move stagnant energy and blood within the body, reducing pain, calming PMS and helping tiredness.

"It can also assist with irregular cycles or reduced fertility."

Endometriosis Week runs until Tuesday. For more information on how acupuncture can help, visit www.rhiannongriffiths.com

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